**A picture containing food

Description automatically generated**

**Pulmonary Rehab [ Day 2]**

**Exercise Testing Notes**

**[Contained within this document are links to video clips, quizzes, templates and academic evidence concerning mental health disorders]**

**Links for** [**Asthma**](https://mylungsmylife.org/)

Presentation on Bioenergetics [Link](https://youtu.be/x0_zPYEu4a8)

**Clinical Assessment Books and Resources**

* Asthma and COPD, Second Edition: Basic Mechanisms and Clinical Management [Link](https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:05b56dab-1d4f-4b5b-8777-5fdbb6922cc0)
* Fear-Avoidance Beliefs Questionnaire (FABQ) Waddell et al (1993) Pain , 52 (1993) 157 – 168 [Link](https://www.tac.vic.gov.au/files-to-move/media/upload/fear_avoidance.pdf)
* St George’s Respiratory Questionnaire (SGRQ) [Link](http://www.healthstatus.sgul.ac.uk/sgrq/sgrq-downloads)
* SGRQ-C [Link](http://www.healthstatus.sgul.ac.uk/sgrq-c)
* COPD: A Guide to Diagnosis and Clinical Management [Link](https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:0eafa8e1-8773-4db9-8195-196e22206e75)
* O'Driscoll, B.R., Howard, L.S., Earis, J. and Mak, V., 2017. British Thoracic Society Guideline for oxygen use in adults in healthcare and emergency settings. BMJ open respiratory research, 4(1). [Link](https://bmjopenrespres.bmj.com/content/bmjresp/4/1/e000170.full.pdf?frbrVersion=4)
* Pulmonary Rehabilitation [Link](https://pdfs.semanticscholar.org/a3aa/c66d8a054b86112e30e82db569fc0a2acb67.pdf)
* BMA Concise Guide to Medicines and drugs [Link](https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:1580cb06-9907-4493-92eb-9bc7c9a2c7dd)
* Cystic Fibrosis: Diagnosis and Protocols, Volume II: Methods and Resources to Understand Cystic Fibrosis [Link](https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:85a7dcb4-e6e4-40bb-be33-9ea91d39b363)
* Bronchiectasis: The EMBARC Manual [Link](https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:6023f3cf-e48c-452d-b499-44023bca0b11)
* BTS Guideline for Bronchiectasis in Adults [Link](https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:0d6d83dd-ed60-41ad-806f-8a041101c95f)

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