



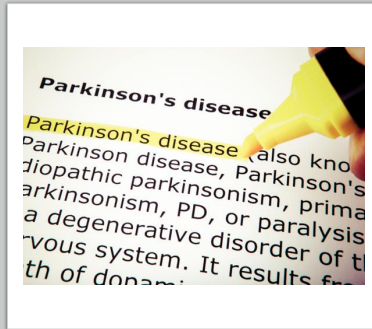
**Supporting Clients With
Long-term Neurological
Conditions**

[Unit 4- Parkinson's Disease]

by Dr Grant Ralston

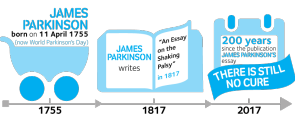
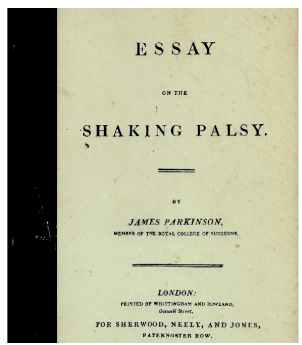
Objectives

- The mechanism, causes and symptoms of Parkinson's
- How Parkinson's affects ability to exercise
- Exercise prescription for patients referred with Parkinson's



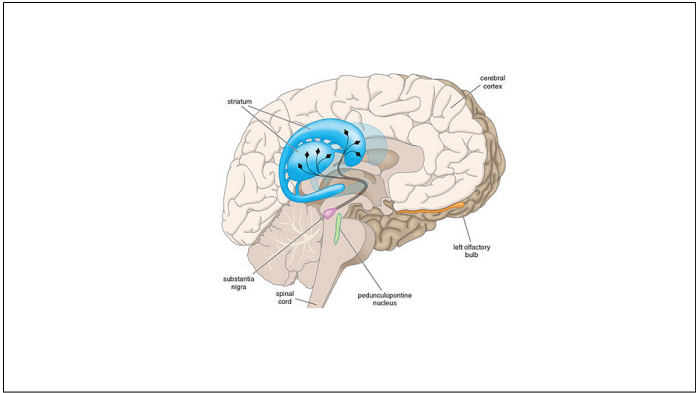
Michael J. Fox: Parkinson's "sucks"

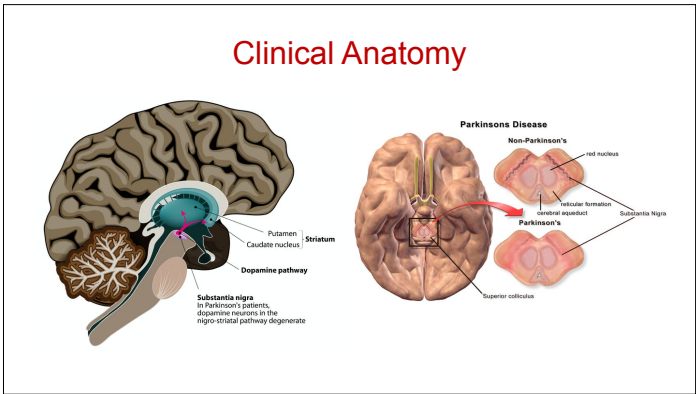
- <https://youtu.be/5OLzuUVfoJ8>

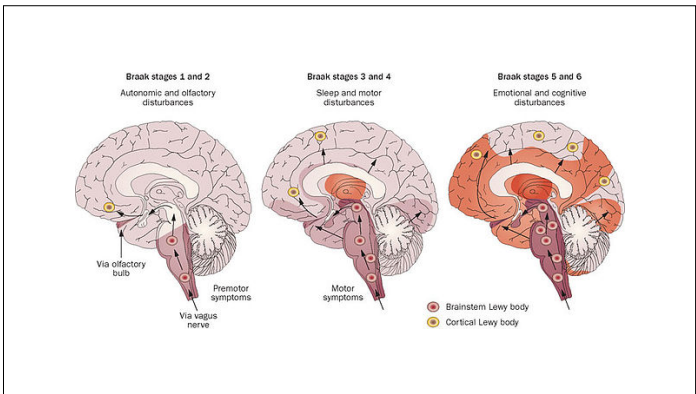


PARKINSON'S

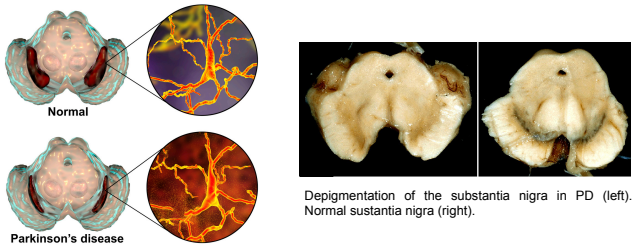




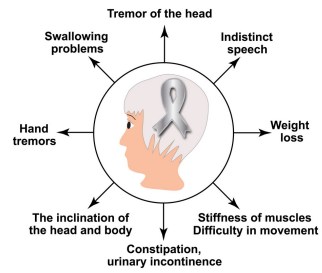


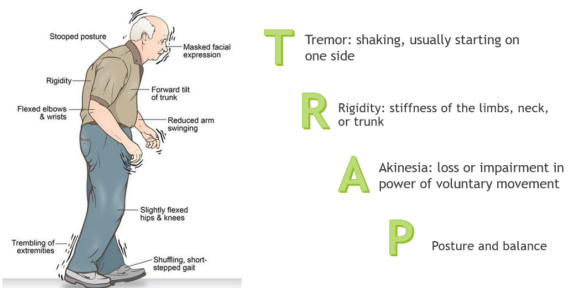


Pathophysiology of Parkinson Disease



Symptoms of Parkinson's Disease





- Tango therapy in Parkinson's Disease

<https://youtu.be/PHi0gDeMjrU>

Fighting Parkinson's with Boxing

<https://youtu.be/gEWcMpv1wvE>

Treatment