

**Section 6** - A summary of pre-post physiological measurements with a rationale for each measurement and, where appropriate, a rationale for not taking a specific measurement (i.e., fat mass); you must include classifications.

<b>Physiological Measurement</b>	<b>Rationale for this measurement</b>	<b>Pre intervention Score</b>	<b>Post intervention Score</b>	<b>Pre vs. post intervention difference</b>	<b>Classification/ Ranking/Grading</b>