**Exercise for Long-term Neurological Conditions Course Timetable**

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| **Time** | **Day 1** | **Day 2** | **Day 3** | **Day 4** | **Day 5** |
| 09:00  09.30-10.30  10.30-11.00 Break  11.00-12.00    12.00-13.00 Lunch | Introduction    Course administration and review of  assessments    Review of underpinning  Conceptual understanding  Principles of exercise prescription pertinent to patients with long-term neurological conditions | MCQ 1 Results  Spinal cord injury (SCI)    Testing in neurological medicine | Parkinson’s disease  (Parkinson’s)    Cerebral palsy    Neuromuscular conditions | MCQ 2 assessment:  and short-answer questions  Break out rooms  Preparation for group presentation | Practical assessments  Video submission |
| 13.00-14:00  14.00 -15.00    15.00-15.30 Break  15.30-16.00  16.00 | Principles of exercise prescription pertinent to patients with long term  Neurological conditions  Review of the exercise referral process  Acquired brain injury  (ABI)    Pre-course reading MCQ assessment | Principles of movement execution related to  long-term neurological conditions    Multiple sclerosis (MS)    Equilibrium, posture, balance and stability | Motor neuron disease (MND)    Mental health and neurological  populations    Team Break out rooms  Preparation for group presentation | Group presentations  Case study assessment  12-week overview  Practical assessment | Practical assessments |

Should you require any additional support whilst on the course, please speak to your course lecturer, who will be happy to assist you. Following the course, please contact WRIGHT Foundation office. We would be happy to help with any queries. Telephone 01307 469055.