



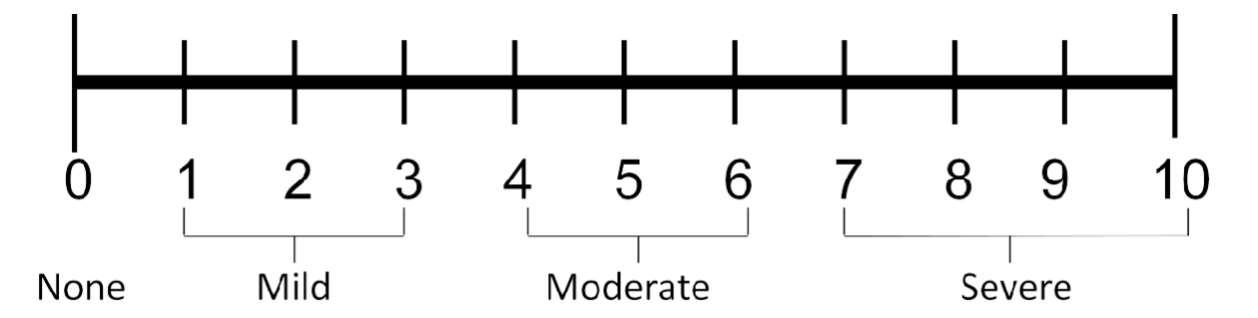
The Numeric Pain Rating Scale Instructions (Ritters et al., 2006)

General Information:

- The client is asked to make three pain ratings, corresponding to current, best and worst pain experienced over the past 24 hours.
- The average of the 3 ratings was used to represent the individual's level of pain over the previous 24 hours.

Instructions (adopted from [McCaffery, Beebe *et al.*, 1989]):

“Please indicate the intensity of current, best, and worst pain levels over the past 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable)”



Reference:

McCaffery, M., Beebe, A., et al. (1989). Pain: Clinical manual for nursing practice, Mosby St. Louis, MO.