

## Key National Guidelines Associated with Cardiac Rehabilitation

Several key publications guide the design and implementation of CR as summarised below:

Group	Guideline/Policy	Website
<b>General (all)</b>	<ul style="list-style-type: none"> <li>• Scottish Intercollegiate Guidelines Network (SIGN) guidelines for CR (2002)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.sign.ac.uk">www.sign.ac.uk</a></li> </ul>
	<ul style="list-style-type: none"> <li>• American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) (2006)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.aacvpr.org">www.aacvpr.org</a></li> </ul>
	<ul style="list-style-type: none"> <li>• American College of Sports Medicine (ACSM) (2009)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.acsm.org">www.acsm.org</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Joint British Societies' (JBS3) Consensus recommendations for the prevention of cardiovascular disease 2014</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.jbs3risk.com">www.jbs3risk.com</a></li> </ul>
	<ul style="list-style-type: none"> <li>• BACPR Standards and Core Components for CR (2012)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.bacpr.com">www.bacpr.com</a></li> </ul>
	<ul style="list-style-type: none"> <li>• National Service Framework (NSF) Coronary Heart Disease (2000)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.dh.gov.uk">www.dh.gov.uk</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Together for Health- a heart disease delivery plan (2013)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.wales.gov.uk">www.wales.gov.uk</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Clinical Resource and Efficiency Support Team (CREST) – Guidelines for Northern Ireland (2006)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.crestni.org.uk">www.crestni.org.uk</a></li> </ul>
	<ul style="list-style-type: none"> <li>• European Society of Cardiology (ESC) 2012</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.escardio.org">www.escardio.org</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Cochrane 2011</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.cochrane.org">www.cochrane.org</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Canadian Association of CR (CACR) (2009)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="http://www.cacr.ca">www.cacr.ca</a></li> </ul>

## Key National Guidelines Associated with Cardiac Rehabilitation

<b>Myocardial infarction (MI)</b>	<ul style="list-style-type: none"><li>• Secondary prevention in primary and secondary care for patients following a myocardial infarction (Clinical Guideline (CG)172) (2013)</li></ul>	<ul style="list-style-type: none"><li>• <a href="http://www.nice.org.uk">www.nice.org.uk</a></li></ul>
<b>Heart Failure (HF)</b>	<ul style="list-style-type: none"><li>• Chronic Heart Failure: management of chronic heart failure in adults in primary and secondary care (CG108) (2010)</li><li>• European Society of Cardiology (ESC) (2008)</li><li>• SIGN Heart Failure Guidelines (2007)</li><li>• NICE Commissioning HF (2011)</li></ul>	<ul style="list-style-type: none"><li>• <a href="http://www.nice.org.uk">www.nice.org.uk</a></li><li>• <a href="http://www.escardio.org">www.escardio.org</a></li><li>• <a href="http://www.sign.ac.uk">www.sign.ac.uk</a></li><li>• <a href="http://www.nice.org.uk">www.nice.org.uk</a></li></ul>
<b>Hypertension</b>	<ul style="list-style-type: none"><li>• NICE guidelines (2011)</li><li>• ESH/ESC guidelines (2013)</li><li>• British Hypertension Society (2011)</li></ul>	<ul style="list-style-type: none"><li>• <a href="http://www.nice.org.uk">www.nice.org.uk</a></li><li>• <a href="http://www.escardio.org">www.escardio.org</a></li><li>• <a href="http://www.bhsoc.org">www.bhsoc.org</a></li></ul>