

Cancer Rehab Exercise Class



Friday's

2.00pm-3.00pm

£3.00 per class

(partners welcome - £1.50 per class)

Stratford Park Leisure Centre

The classes are designed to facilitate levels of confidence and fitness to enable you to commence or recommence exercise or activities of your choice.

For more information contact Sport & Health Development on
01453 754508

Promoting the Health and Wellbeing of our Communities

Gloucestershire Care Services 
NHS Trust

WORKING IN PARTNERSHIP WITH

**WE ARE
MACMILLAN.
CANCER SUPPORT**

 **STROUD
DISTRICT
COUNCIL**