

Short Answer Questions

1. How would you test and assess a patient with Parkinson's [Provide a minimum of **5 tests**]? Consider which physical assessments you would carry-out and what other information you would gather during the consultation.
2. Discuss how you would support a patient who has been referred to you and is struggling with motivation and poor self-belief. Provide a **minimum of two** behaviour change models and modification strategies and discuss how you would use these strategies to support your client.
3. What are the common co-morbidities that you are likely to encounter when working with a referred patient that has survived a stroke [Identify a minimum of 6 co-morbidities]? Additionally, discuss the main considerations and precautions that you must be aware of when prescribing and instructing exercise for **only** these co-morbidities (not the stroke itself).